

**Monday**

**ACH Group**

Smart Device Support  
BYO device  
Transport available and light refreshments provided weekly.  
10-12pm or 12.30-2.30pm  
Contact: 1300 224 477

**Rent this Space**

Available for regular hire or one off workshops.  
Activity Room  
9am-3pm

**# Art**

Children's after school art class. Explore artiness each week in a fun and creative environment.  
SCHOOL TERM ONLY  
6 to 8 yrs: 3.45-5pm  
9+ yrs: 5.15-6.30pm

**Pilates**

Improve strength and flexibility with this total body conditioning program.  
SCHOOL TERM ONLY  
Session 1: 6.30-7:15pm  
Session 2: 7.30-8.15pm

**Tuesday**

**Carer Support**

Coromandel Carers Support Group  
Meet with other carers, enjoy speakers, outings and friends.  
4th Tuesday every month  
10am-12pm CARERS ONLY

**Men's Breakfast**

Come along to share food and interact socially with other men.  
1st Tues of month  
8.30-10.30am

**Adult Table Tennis**

Social group. Get active in a friendly atmosphere.  
1-4pm  
Contact: Ros on 0407 953 384

**Zumba**

Come and join the party!  
Dance aerobics to Latin music.  
SCHOOL TERM ONLY 7-8pm

**Rent this Space**

Available for regular hire or one off workshops.

**Wednesday**

**Fitness for All**

Come and join the fun as you keep fit and enjoy the friendly atmosphere of the group.  
Suitable for all ages and fitness levels.  
SCHOOL TERM ONLY 9-10am

**Mahjong**

Learn this ancient Chinese game in a friendly atmosphere.  
All levels Welcome.  
9.30am-noon  
Contact: Penny on 0456 780 273

**Art for Adults**

Explore various techniques and enjoy open discussion with instruction by experienced lecturer & artist.  
SCHOOL TERM ONLY  
10.15am-12.45pm

**Creative Textiles**

Experiment with a variety of techniques and materials to create your own designs.  
Self run group.  
SCHOOL TERM ONLY  
12.30-3pm

**Thursday**

**Community Playgroup**

Come and have some fun!  
Children enjoy social interaction, share toys and sing songs.  
Adults share set up and pack up, coffee and stories.  
9.30 -11am

**Art for Adults**

Explore various techniques and enjoy open discussion. Instructed by experienced lecturer & artist.  
SCHOOL TERM ONLY  
9.30am-noon

**Bridge**

New members always welcome, no experience necessary.  
1-4pm  
Contact: Roger on 8278 5320

**Rent this Space**

Available for regular hire or one off workshops.  
Activity Room  
12.30pm-3pm

**Friday**

**Little Stars**

Teaching children to shine through song, dance, meditation and play to build self-calming techniques and aid emotional development.  
3 to 5 years. 9.30-10.30am  
Contact Ali: 0449955723

**Walk & Talk**

Enjoy the opportunity to improve your health while socialising with others. Free tea or coffee at the Centre after the walk.  
All ages and fitness levels.

**Venue Hire**

For your next meeting, function or family get together.  
Contact the office on 8370 6880.

Situated in the heart of Coromandel Valley within the quiet and beautiful environment of the Weymouth Oval precinct.

Facilities include well equipped kitchen, audio visual equipment, bbq, enclosed playground and outdoor area with café blinds.

